



Great Lakes Benefits & Wealth Management  
1325 Hull Rd.  
Sandusky, Ohio 44870

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# Recipe of the Month: May



## Avocado Blueberry Quinoa Salad

Avocado blueberry quinoa salad loaded with fresh corn, red onion, feta, chopped pistachios, and tossed in a flavorful cilantro lime dressing. This delicious vegetarian quinoa salad is perfect for summer lunches, parties, and picnics.

### For the salad:

- 1 cup uncooked quinoa
- 1 firm but still ripe avocado, sliced or diced
- 1 cup blueberries
- 1 cup sweet corn (preferably fresh off the cob)
- 1/2 cup finely diced red onion
- 1/2 cup feta
- 1/2 cup chopped pistachios
- 1/2 cup diced cilantro

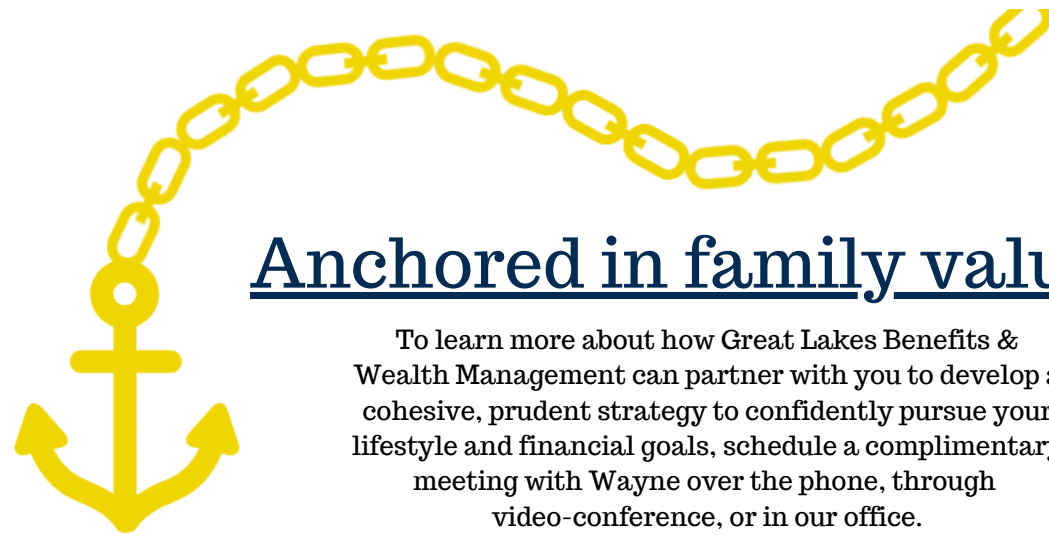
### Cilantro Lime Dressing:

- 1/3 cup packed cilantro leaves
- 1/4 cup olive oil
- 2 tablespoons fresh lime juice
- 1/2 jalapeno, seeded
- 1/8 teaspoon salt
- Freshly ground black pepper

Prep Time: 15 mins | Cook Time: 15 mins

Recipe courtesy of [www.ambitiouskitchen.com](http://www.ambitiouskitchen.com)

**What's in season?** Avocado, blueberries, kale, mushrooms, peas, raspberries, strawberries



## Anchored in family values.

To learn more about how Great Lakes Benefits & Wealth Management can partner with you to develop a cohesive, prudent strategy to confidently pursue your lifestyle and financial goals, schedule a complimentary meeting with Wayne over the phone, through video-conference, or in our office.

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Be Confident  
About Your  
Retirement



## Kristin Moffett

Executive Assistant

Kristin has been with Great Lakes Benefits & Wealth Management since February 2008. She actively holds her Life & Health Insurance license and is also a notary public for Ohio. Kristin oversees all the day-to-day operations for the office which includes handling all new business, compliance, client services as well as so much more. Outside of work you will usually find her spending time with her family, where camping and boating are some of their favorites things to do.



## Alicia Biddlecombe

Director of First Impressions

Alicia has been with Great Lakes Benefits & Wealth Management since January, 2020. She assists Kristin with most of the day to day operations such as greeting our clients, answering the phones, scheduling appointments, preparing client files, mailing correspondence as well as maintains the office. When Alicia is not in the office she enjoys spending all her time with her three boys, who keep her extremely busy.

## Meet our team!

These two really help make the world go 'round at GLB. We are extremely grateful to have them as part of our team.



# Monthly Message from Wayne

It is time for an update. I do apologize for not keeping you up to speed regarding my family and myself... it has been an unusual 18 months or so.

Business-wise, we have not missed a beat. 2020 was one of Great Lakes Benefits and Wealth Management's (GLB) best years as far as growth and new assets under management. Clientele and prospective clients still wanted to talk finances and get things done. Most of it happened via telephone, fax, email, text, Zoom, and over night mail. We did have face to face meetings for those that requested one, but unfortunately most of this time was spent remotely. I miss meeting with clients and getting caught up with everything going on in their lives. It is also good for overall planning and keeping on top of things - the "ritual" of coming to the office and meeting in-person will not be taken for granted again.

I would like to mention that my team and I are always available (if you are a client) to text or call when you need something or have a question. NEVER feel like you are bothering myself or my staff. I am saddened when I hear a client say "I didn't want to bother you". You are why we are here. We are here to serve you! I do ask though that you call the office numbers when trying to reach us. If its after hours, and very important, you are welcome to call or text my cell phone. Most of you have my number, if you do not, reach out to the girls to get it.

My wife, Laura, has recovered from her back surgery that was performed after Christmas in December of 2019. She still has pain and soreness in her hip and leg, but it is much better than it was. Her Rheumatoid arthritis gives her issues, though. When we are in Florida, the warmer climate really helps her in the winter. She is able to continue to do our books at GLB on her own schedule and hours. She can take boat rides and trips as long as its not too rough! We also ride our E-bikes in Florida. Her handle bars need to be up high so she can tilt her head up. Laura flies back and forth to Florida throughout the winter. I drive, she cannot take sitting for 17+ hours (that is if there are no traffic jams). We make it work.

My oldest, Nathan (24), remains cancer free after 6 years. Nathan had testicular cancer that spread to his abdomen. He had major abdominal surgery and went through two rounds of intense chemotherapy. It was a nightmare that I am glad is over! Nathan is currently serving as the marketing director for the Canton Symphony Orchestra. He resides in Akron. When he is not working (from home for the past 15 months, go figure), he has started to take an interest in flipping vehicles for a profit. He seems to really know his stuff for such a short amount of time, as he is quick to point out my "mistakes" in vehicle choices. Hooray for me... FYI, apparently Toyota and Honda are top choice for long-term reliability and resale value.

Jacob (22) is at the University of Cincinnati. It his senior year. Jacob boxes for the University of Cincinnati's Club Boxing Team. He fights kids all over the country from various colleges. Navy, Air Force, Army, etc... They cover all of his travel and expenses. He has even boxed in Ireland. In his sophomore year, Jake made it to the National Collegiate Tournament in Reno, Nevada. He lost by split decision and came in 2nd. Jacob beat that same fighter later that summer in New York City. So, last spring was going to be the tiebreaker for national champion. And then.... Well... you know what happened. The sport has been shut down since due to covid-19. I will keep you updated once he starts boxing in official matches again.

My youngest, Jack (20), remains in Huntington Beach, California. He left right out of high school and he is still there. Jack works for Prince Charters, doing sunset cruises, Huntington Harbor cruises, ash-burials at sea and weddings at sea. He is a First Mate, and then he manages the maintenance on all four of the company's boats. He met a mid-western girl who lives in Los Angeles, and so far, they are happy and pretty serious.

On a closing note, not only are Laura and I Empty-Nesters now, but we also lost all of our pets in the past year. I have had dogs my entire life, so this is a huge change of pace for Laura and I. Taz the Bull Mastiff (8) to bone cancer, Murphy the rescue bulldog (7) to a heart attack, and Chuck the 15-year-old Pug to my son. Chuck has no bowel or bladder control, and with us going back and forth to Florida so much it became quite hard to care for him, so Nathan is taking care of Chuck and will make the call to Dr. Bob at Tremont Animal Clinic when he feels its time. He says that he is still responding to being pet and does not seem to be in any pain, so we just want him to be as comfortable as possible in his final days.

Life sure does fly by, folks. We lost many beloved clients over the past year or so, one from Covid-19, the others from various causes. This was not the year to need medical care, or a hospital, or nursing home care. This was not a good year to die, having little visitation and in-person support from loved ones. I will be glad as time goes on and we all get through these unique times!

Until next month,

Wayne

P.S. As of now we have no company events scheduled. We will resume the Casino trip, the Island Cruises, the Client Sunset Cruises, and the Client Fishing Fridays, once the coast is clear and everyone feels safe.



## Wayne Maslyk Jr., President & CEO

A financial professional since 1995, Wayne Maslyk started his own firm in 2001 intent upon providing the personalized services retirees and pre-retirees need to pursue their financial goals. "My mission," Wayne says, "is to be the 'go to' resource on the North Coast for retirement, tax, and financial planning. My services include helping folks learn what mistakes NOT to make and also what SHOULD be done when getting their financial house in order.

In addition to over 25 years of experience, Wayne brings to clients his status as a **CERTIFIED FINANCIAL PLANNER™ (CFP®)** practitioner, which is considered the "Gold Standard" in the financial services industry. Earning that certification required advanced coursework in taxes, retirement planning, estate planning, investments, risk management, and other financial issues.

Away from work, Wayne enjoys boating, camping, and vacationing with his wife, Laura, and their three sons. Nathan, Jacob, and Jack.



## TODAY'S RETIREES

WITH WAYNE MASLYK JR., CFP™

Watch, Sundays @ 11 AM on WGGN 52  
Listen on the Radio, Saturdays @ 8:30 AM  
on WLRD 96.6 and 10 AM on FM 97.7 WGGN

